



## September Trips Clothing List

In addition to what the student wears while traveling, here is what should be brought. As we will be doing some rough activities on these trips, it's a waste to bring new clothes. It is helpful to have the student's name on larger items of clothing.

For Grades 7 and 8, please make sure that the student's passport is up to date.

### Outward Bound Trip – Grades 7 and 8

- A pair of sneakers for indoors
- Two pairs of old sneakers (one pair should be reserved for water activities)
- For the daylong hike, walking boots and expedition equipment are provided. You may, of course, wish to bring your own, but this is not necessary.
- Three towels (two bath and one hand towel)
- Underwear (appropriate supply)
- Several changes of socks (including thick ones for hiking boots)
- Two pairs of warm pants (other than jeans, which take too long to dry)
- A sweat suit or track suit
- Tee-shirts and sweaters
- Swimsuit
- Pajamas
- Toiletry items - no aerosol
- A large plastic bag or two for re-packing damp, dirty items
- A scarf, a hat, and gloves
- Soft travel bags or suitcase on wheels are recommended
- Sun cream

### Savoie Trip –Grade 6

- Warm jacket
- Warm sweater and sweatshirt
- Waterproof rain jacket
- Sweatpants
- Two pairs of warm pants (other than jeans, which take too long to dry)
- Shorts (1 or 2 pairs)
- Tee-shirts (6)
- Socks (6 pairs) including thick sport socks
- Underwear (appropriate supply)
- Nightwear and slippers/flip-flops
- Swim suit
- Personal soap
- Towels (2)
- Wash cloth
- Toiletry items
- Sneakers (2/3 cheap/old pairs—they will get wet, so no need to bring good ones)
- Hiking boots or sturdy walking shoes:  
[http://www.decathlon.fr/FR/Product\\_arborescence/mountain/hiking/hiking-boots/junior-hiking-b/index.html](http://www.decathlon.fr/FR/Product_arborescence/mountain/hiking/hiking-boots/junior-hiking-b/index.html)
- Sunglasses
- Elastic band for eyeglasses
- Sun hat or baseball cap
- Sun cream and lip balm (high protection)
- Wrist watch (inexpensive)
- Hair bands for tying back long hair
- Mittens or gloves and ski hat
- A large plastic bag or two for re-packing damp, dirty items
- Lightweight sleeping bag (optional) with its "stuff sack"
- Flashlight
- A small backpack is necessary for the train ride and the hiking trip
- Soft travel bags or suitcase on wheels are recommended (The students will have to transport their bag quite a bit through the train stations!)
- Non-disposable plastic water bottle